

Guide for Professionals

### **Getting Started**

### Before you start

Make sure your computer is connected to the internet and your headset is turned on, charged and connected to the wifi.

### Login

- Go to: platform.xr.health
- Use the login credentials you received in the email "Access your XRHealth account"
- Select the Space you will be working with for the session



#### Homepage

Here you will find:

- **Spaces**: The different Spaces available. The colored Spaces are included in your plan.
- My Favorites: Environments you've marked as favorites
- Recent Environments: Your most recently used environments
- Popular environments: The most used environments across XRHealth

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#### **Account Settings**

Click on your initials in the top right corner to:

Update your personal details, language settings, or password
Note: To change your email address, contact Customer Success





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### **Creating a Virtual Environment**

The AI Generative for VR feature allows healthcare professionals to create personalized, immersive therapy environments using just a text prompt. This tool is ideal for tailoring therapy sessions in areas such as mental health, physical rehabilitation, and cognitive training.



**Note**: Environment generation may take some time





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## Launching Environments

### 1. Creating a Patient Record

Click on the "Patients" tab

- Click the "**New Patient**" button and enter the patient's email address
  - The patient will receive a notification email of the account creation

Note: XRHealth complies with GDPR and HIPAA for storing and encrypting patient records.





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